

Camper Pack List
5 Day Overnight Camp

Mandatory Gear

1. 60-80 litre Backpack (camp can provide)
2. Sleeping Bag
3. Sleeping pad/mat (\$23-\$50)
4. Hiking Boots (NO runners)
5. Polyester (athletic) clothing: 1-2 athletic shirt(s), 1-2 athletic short(s) (NO cotton)
6. Socks: 2-3 pairs, preferably wool and/or athletic material
7. Athletic underwear: 2-3 pairs
8. Hiking pants (1)
9. Rain Jacket
10. Warm layer (down jacket, fleece jacket, polyester hoodie)
11. Sunglasses (Camp sunglasses, \$5)
12. Headlamp
13. Camping spork (\$3)
14. Plastic eating bowl
15. Sunscreen (small bottle)
16. Toothbrush and toothpaste (small bottle)
17. Water bottles (2)

Optional Gear

1. Small camp chair
2. Small camping pillow
3. Swim suit
4. Pocket knife
5. Trekking Poles
6. Extra bug spray
7. Tuque & gloves
8. Camera
9. Rain pants
10. Extra warm layer (if you get cold easily)