Camper Pack List 3 Day Overnight Camp

Mandatory

- 1. Duffle bag
- 2. Day pack (school backpack is okay)
- 3. Sleeping bag (warm enough for around 0-5 celcius)
- 4. Sleeping pad/mat (\$23-\$50)
- 5. Hiking boots (NO runners)
- 6. Polyester (athletic) clothing: 1-2 athletic shirts, 1-2 athletic shorts (NO cotton)
- 7. Socks: 2-3 pairs, preferably wool and/or athletic material
- 8. Athletic underwear: 2-3 pairs
- 9. Hiking pants or sweatpants (1)
- 10. Rain jacket
- 11. 2 warm layers (down jacket, fleece jacket, polyester hoodie)
- 12. Sunglasses (Camp sunglasses, \$5)
- 13. Headlamp (\$10-\$30)
- 14. Camping spork (\$3)
- 15. Plastic eating bowl
- 16. Sunscreen (small bottle)
- 17. Toothbrush and toothpaste (small bottle)
- 18. Water bottles (2)

Optional Gear

- 1. Small camp chair
- 2. Small camping pillow
- 3. Swim suit
- 4. Pocket knife
- 5. Trekking Poles
- 6. Bug spray
- 7. Tuque & gloves
- 8. Camera
- 9. Rain pants
- 10. Extra warm layer (if you get cold easily)